

2023

Preferred Diabetic

Pharmacy Benefits for Individual & Family Plan Members



The cost of care for people with diabetes now accounts for approximately one in four health care dollars spent in the United States. With WellFirst Health — Provided by SSM Health Plan — being part of an integrated system of providers, clinics and hospitals, we are uniquely positioned to offer superior cost-effective diabetic care.

Our health care provider partners encompass all the necessary expertise for comprehensive diabetic care; certified diabetic educators, registered medical nutritionists, primary care providers and diabetes specialists.

By promoting financial stewardship, WellFirst Health — Provided by SSM Health Plan — aims to make health care more affordable and accessible. To this end, the health plan promotes cost effective prescribing for diabetes through the use of a tiered formulary to favor use of generic products first.

It is important you understand your plan's diabetic prescription benefit to ensure you can get the most out of your coverage. We have put together a comprehensive list of covered items to help manage your diabetes.

Insulins and supplies that are not included on the list on page two may require exception review* by the health plan to determine whether coverage criteria are met, and may be subject to copayments, coinsurance and/or deductible. Please note that the following list is subject to change. The most current list of medications that qualify for your plan benefit is available on our digital drug formulary at wellfirsthealth.com/preferredbenefits.

The covered items are divided into two categories:

- **Preferred diabetic supply list** — \$0 per member, and you will not incur any out-of-pocket costs for preferred items on this list.
- **Preferred insulin list** — capped at \$35 per month* per preferred insulin per member. For the preferred insulins on this list, members will pay no more than \$35 each month.

* HDHP members do not have to meet their deductible first.

Questions about your pharmacy benefits?

Call our Customer Care Team at:

866-514-4194

or visit:

wellfirsthealth.com/preferredbenefits

See reverse side for a list of **Preferred Diabetic Supplies** and **Preferred Insulin** that qualify for your diabetic prescription benefit.

We are here to help
Visit wellfirsthealth.com/preferredbenefits

 **WellFirst Health**[®]
provided by SSM Health Plan

Preferred Diabetic Supplies

Accu-chek Guide Care Meter
Accu-chek Guide Me Kit
Accu-chek Test Strips (Aviva Plus, Guide, Smartview)
Alcohol Prep Pads
B/D Insulin Syringes/Needles U-100
B/D Insulin Syringes/Needles U-500
B/D Pen Needles
Baqsimi Nasal Powder
Calibration Liquid
Chemstrip UGK Urine Glucose-Ketones Test Strips
Chemstrip-K Urine Test Strips
Clinistix Urine Glucose Test Strips
Dexcom G6 Receiver
Dexcom G6 Sensor
Dexcom G6 Transmitter
Freestyle Libre 2 Reader
Freestyle Libre 2 Sensors
Freestyle Libre Reader
Freestyle Libre Sensors
Glucagen Hypokit
Glucagen
Glucagon (RDNA) for Inj Kit
Glucagon Emr
Glucagon Inj Kit
Gvoke Hypopen
Gvoke Inj Kit
Gvoke PFS
Keto-diastrix Ketone Test Strips
Ketostix Urine Test Strips
Lancet Kit
Lancet Misc
Lancets
Novofine/Novofine Plus Pen Needles
Novotwist Pen Needles
Zegalogue

Preferred Insulin

Fiasp Flextouch
Fiasp
Fiasp Penfill
Humulin R U-500
Humulin R U-500 Kwikpen
Insulin Aspart Flexpen
Insulin Aspart
Insulin Aspart Mix Flexpen
Insulin Aspart Mix
Insulin Aspart Penfill
Levemir Flextouch
Levemir
Novolin 70/30 Flexpen
Novolin 70/30
Novolin N
Novolin N Flexpen
Novolin R
Novolin R Flexpen
Novolog Flexpen
Novolog
Novolog Mix Flexpen
Novolog Mix
Novolog Penfill
Semglee Inj, Insulin Glargine-YFGN
Semglee Pen, Insulin Glargine-YFGN Pen
Toujeo Max Solostar
Toujeo Solostar
Tresiba Flextouch
Tresiba

This list is not all-inclusive and is subject to change. Step therapy, quantity limits, and prior authorizations may apply to select products. Please refer to your drug formulary for the most current limitations.